

RURAL CHILDREN'S MENTAL HEALTH CONSORTIUM

Annual Progress Report for Ten Year Strategic Plan
2018



Establishment of the Children's Mental Health Consortia

The Nevada Revised Statute (NRS 433B) established Mental Health Consortia in three jurisdictions in Nevada; Clark County, Washoe County and Rural Areas as well as an all encompassing Nevada Consortium.

The functions of the Consortia are to assess the current behavioral health services for youth, in each jurisdiction and develop a plan that will identify gaps and areas in need of improvement.

Comprised of committed professionals, agency personnel, community representatives, parents, foster parents, youth, community business representatives, and advocates who come together to support youth and families in Nevada with behavioral health needs.

- Using a set of values and principles which promote a system of care that is community-based, family driven & youth guided and culturally competent

Two Primary Challenges

Limited access
to services due
to geographic
distance

Insufficient
provider
availability

Rural Nevada, remains 100% of the population resides in a mental health professional shortage area (Nevada Rural and Frontier Health Data Book, 2017).

Not only is there a mental health workforce shortage, but there has also been a decline in providers from 2008-2016 (Nevada Rural and Frontier Health Data Book, 2017)

Ten Year Plan Goals

Goal 1	Address Work Force Development to Provide Mental Health Professionals to Rural Nevada
Goal 2	Promote Appropriate Mental Health Providers to Public Schools
Goal 3	Support a System of Care Designed for Nevada's Rural Region
Goal 4	Promote Adequate Technology to Support the Use of Telehealth Services in Nevada's Rural Regions
Goal 5	Create a Rural Children's Mobile Crisis Response Team (RMCRT)
Goal 6	Promote Prevention and Intervention: Addressing Behavioral Health Issues Early
Goal 7	Increase Transitional Support to Youth Receiving Treatment in Inpatient & Residential Treatment Centers, Especially Those Out-of-State Through Increased Local Service Array

Successes over the last year

- Goal #1: Address Work Force Development to Provide Mental Health Professionals to Rural Nevada
 - *UNR online Social Work Masters Program: 7 graduates from Rurals*
 - *Peer Programing Certification*
 - *State Agencies and Education providers have offered youth/family specific trainings via video*
- Goal #2: Promote Appropriate Mental Health Providers to Public Schools
 - *Office for a Safe and Respectful Learning Environment: 230 social work positions in schools*
 - *Schools being approved as field practicum settings*
 - *SafeVoice*

.....Successes continued

- Goal #3: Support a System of Care Designed for Nevada's Rural Region
 - *Collaboration and recognition within the System Of Care*
 - *Working to build stronger partnerships with Nevada's Native American Tribes*
 - *Certified Community Behavioral Health Clinics established in Fallon and Elko*
 - *Office of Suicide Prevention has trained 381 rural community members in suicide awareness and Youth Mental health First Aid*
 - *JJ received State funding to help with mental health evaluations for youth*
 - *Regional Behavioral Health Boards*
 - *Nevada PEP is servicing Rural families and have had 79 rural participants at hosted workshops*

.....Successes continued

Goal 4#: Promote Adequate Technology to Support the Use of Telehealth Services in Nevada's Rural Regions

- Expanded use of telehealth: more providers
- Video Trainings
- Increase parent and family familiarity and level of comfort in the use of telehealth services
- Medicaid and Licensing Boards recognizing service delivery

Goal 5#: Create a Rural Children's Mobile Crisis Response Team (RMCRT)

- Successful establishment of a Rural Mobile Crisis program for youth with funding from the DCFS System of Care Expansion Grant.
- In 16 months, served over 380 youth across Nevada with an average of 86% hospital diversion rate
- Provided SOC training to Rural Case Managers
- Developed a statewide Mobile Crisis Management Team.

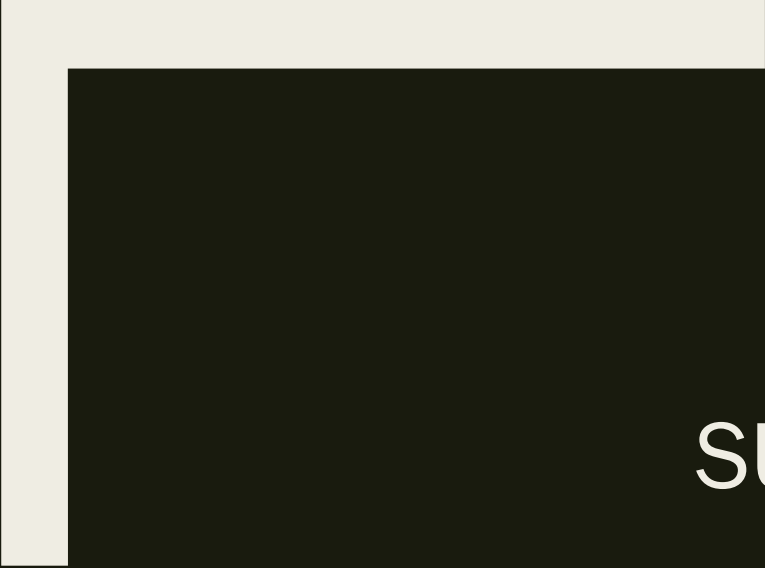
.....successes continued.....

Goal #6: Promote Prevention and Intervention: Addressing Behavioral Health Issues Early

- REACH program: Preventive services resulting in only 2% being referred to a higher level of services
- Office of Suicide Prevention has partnered with rural school districts providing over 40 education/screening events in Pershing, Humboldt, Elko, Carson and Washoe Counties.
- **May Children's Mental Health Day activities.**

Goal 7#: Increase Transitional Support to Youth Receiving Treatment in Inpatient & Residential Treatment Centers, Especially Those Out-of-State Through Increased Local Service Array

- Division of Healthcare Finance and Policy is partnering with providers to further opportunities for in-state RTC's.
- **As of August 2017, a total of 205 Nevadan children were in out-of-state placement, down from 245 in 2016 (Nevada Department of Health Care Financing and Policy, 2017).**
- Continued growth of the Advanced Foster Care Program: providing support for youth and foster parents to increase stability and permanency.
- Pacific Behavioral Health, through grant funding, started Services for Community Reintegration for Transitional Aged Youth, ages 15-24.



THERE IS GREAT
APPRECIATION FOR THE
SUCCESSES THAT HAVE BEEN
MADE OVER THE LAST YEAR
HOWEVER RURAL YOUTH AND
FAMILIES NEED SO MUCH MORE
THAN IS BEING OFFERED.

General Requests



- ✓ Funding to create and provide accessible and youth specific training for developing a foundation of skilled mental health providers to be housed in an identified state agency.
- ✓ Funding of a rural specific children's mental health tribal liaison position
- ✓ Permanent funding of Mobile Crisis services in rural Nevada, housed under DPBH, including additional State positions needed to provide 24-hour coverage to all rural communities.
- ✓ Funding of a rural specific children's mental health juvenile justice liaison to address solutions for mental health services including expansion of Medicaid services for youth who are temporarily detained.
- ✓ Assistance for addressing legislative issues with the professional mental health boards in allowing for more flexible avenues for rural professionals to pursue internship and clinical hours.
- ✓ Support research study to survey and gather information on issues impacting the decreasing mental health workforce in Rural Nevada.
- ✓ Funding of a consultant to assist the Consortium with reorganizing, planning, data collection, attendance at all workgroups and grant writing.
- ✓ Replicate the Community Discussion events in rural Communities